

14 May 2001

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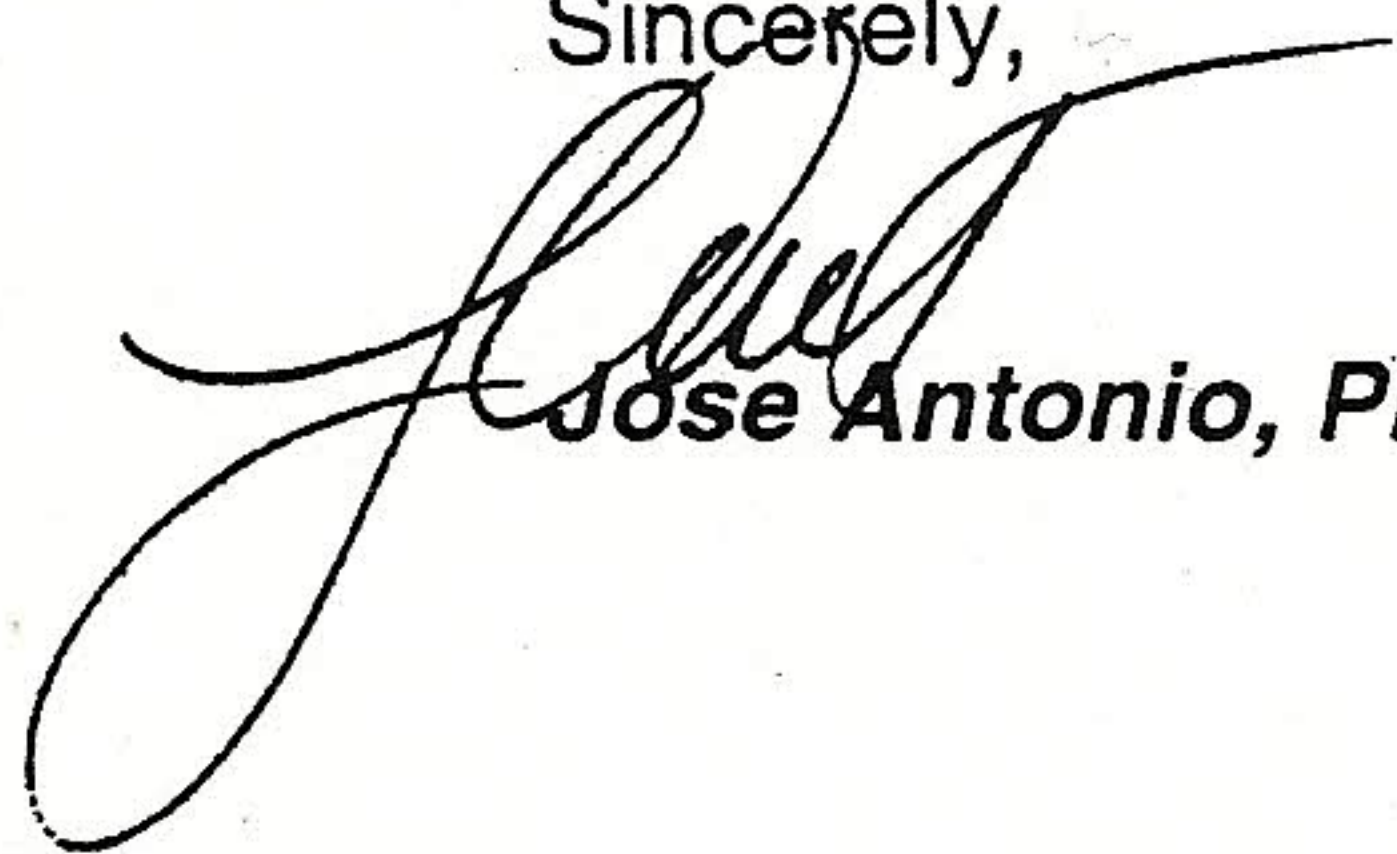
To Whom It May Concern:

I am pleased to offer this recommendation on behalf of Ramsey Rodriguez.

I have known Ramsey for over 10 years. My initial acquaintance with Ramsey was at the Goodbody's personal trainer establishment in Dallas Texas. Ramsey is a person with the utmost integrity and an incomparable work ethic. He has in-depth knowledge of exercise physiology, kinesiology and sports nutrition. Coupled with his motivational abilities, his work as a personal trainer is excellent.

Most of all, I have complete trust in Ramsey's abilities and would personally recommend him to my most closest associates. He is an indefatigable worker who refuses to settle for mediocrity. You will not be disappointed in working with Ramsey. He has my highest regards.

Sincerely,



**Jose Antonio, Ph.D. FACSM**